

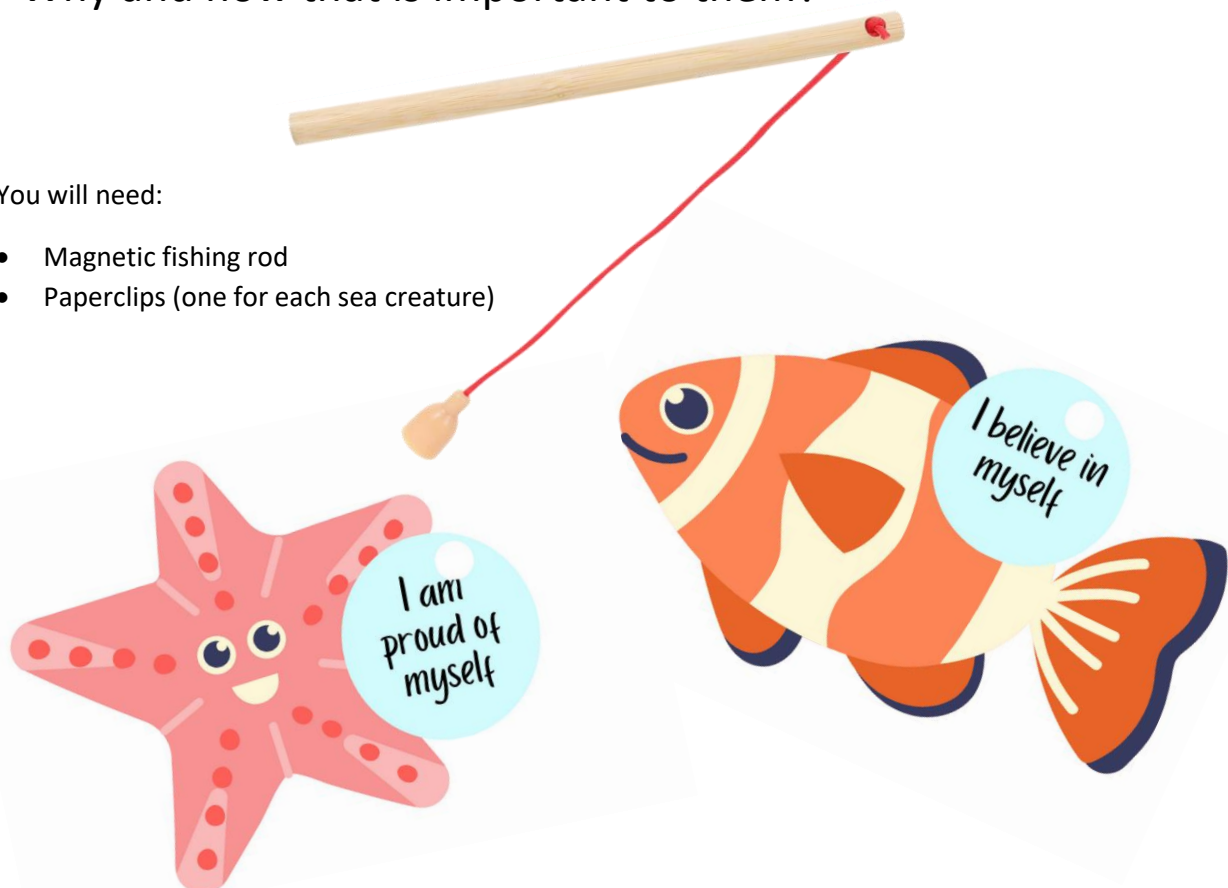
AFFIRMATION FISHING

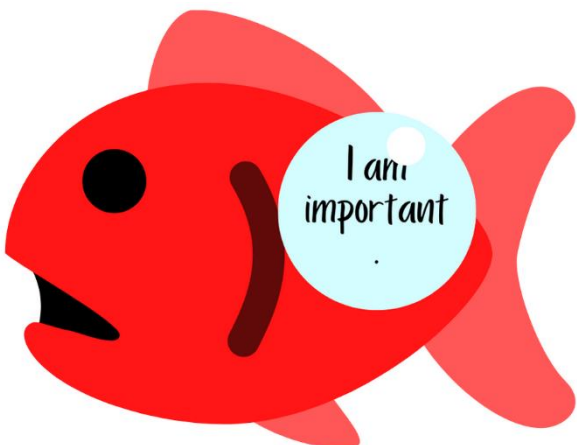
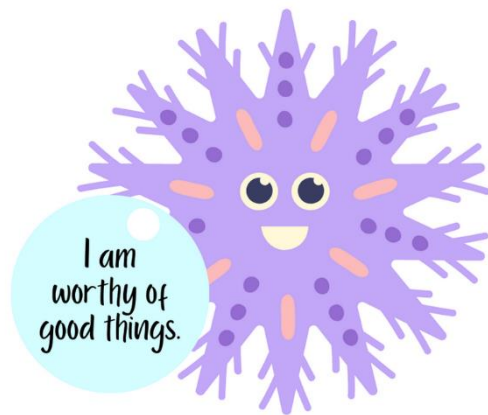
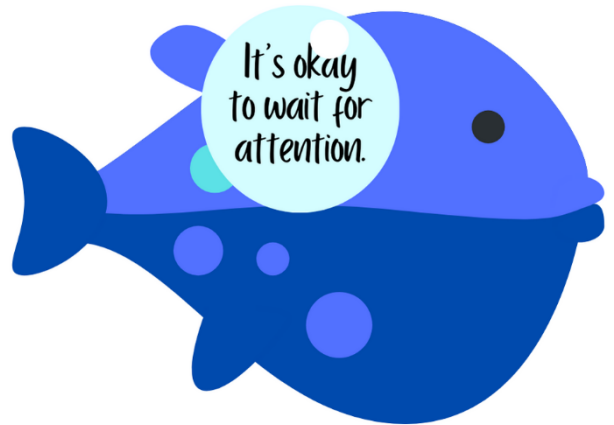
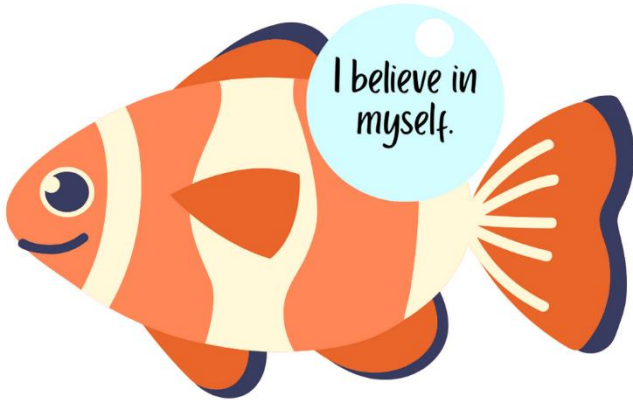
42 STATEMENTS & 8 BLANKS

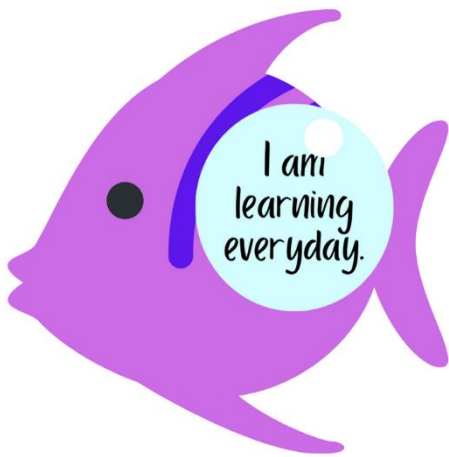
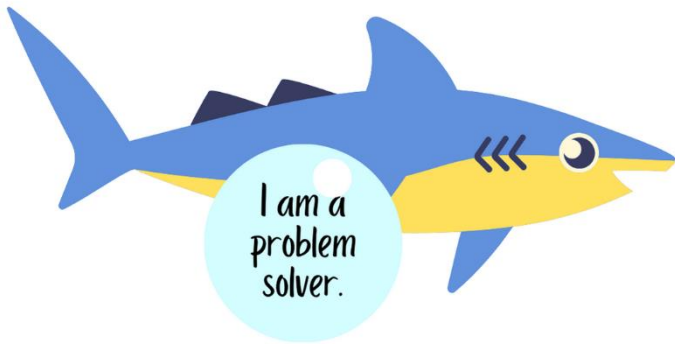
1. Print onto paper & laminate or card
2. Cut out each fish and sea creature
3. Add a paper clip to each
4. Use magnetic fishing rods to reel them in
NB only use a few at a time, think about what benefits the child will get from the chosen sea creatures
5. Discuss which creature the child is going to reel in and pick up .
Why and how that is important to them?

You will need:

- Magnetic fishing rod
- Paperclips (one for each sea creature)

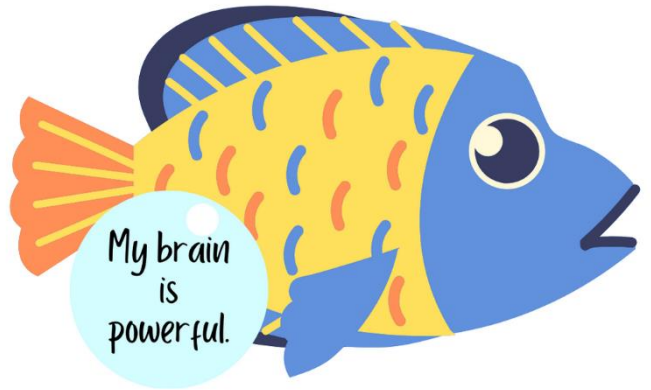




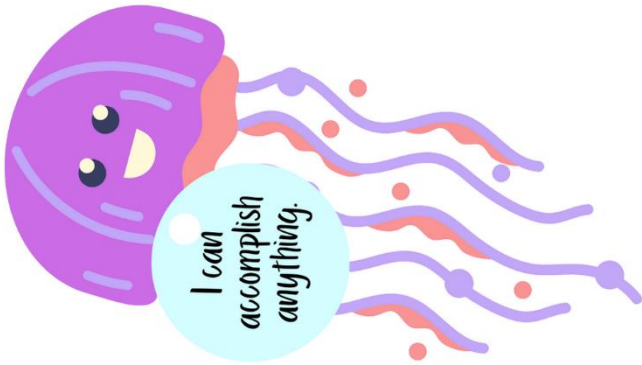




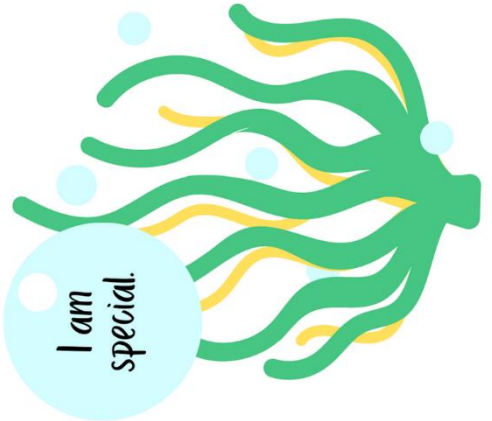
I am awesome.



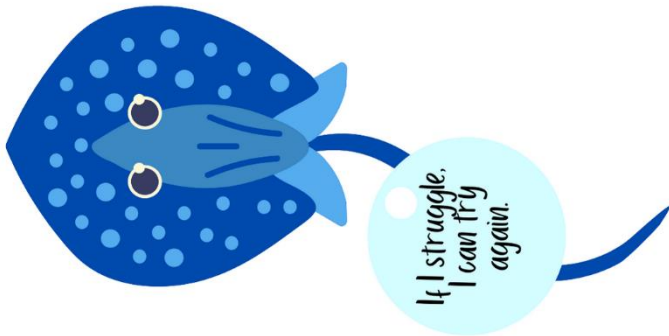
My brain is powerful.



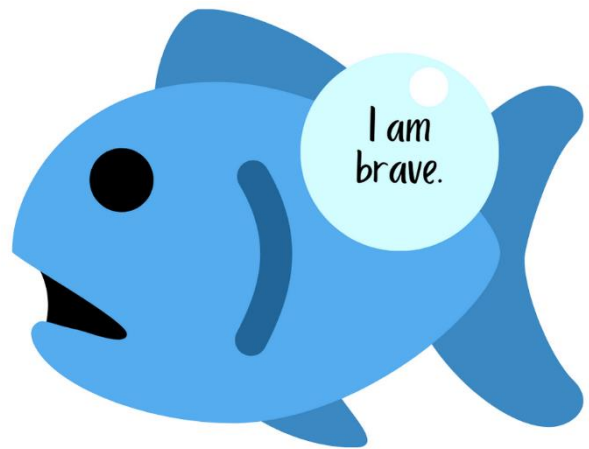
I can accomplish anything.



I am special.



If I struggle, I can try again.



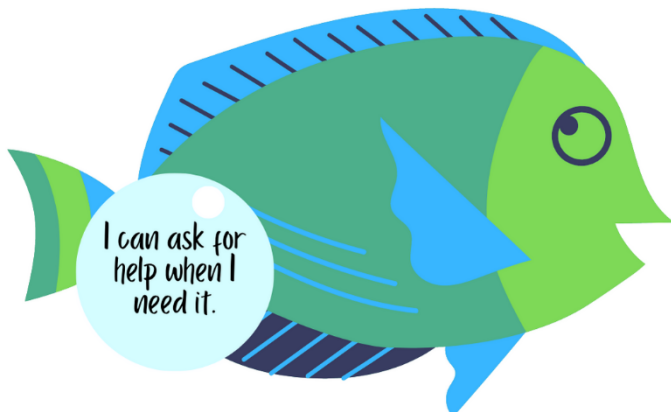
I am brave.

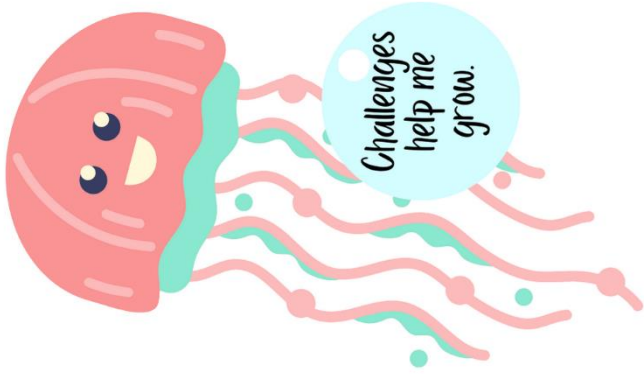


I keep on trying.



I am grateful for the adults who help me.





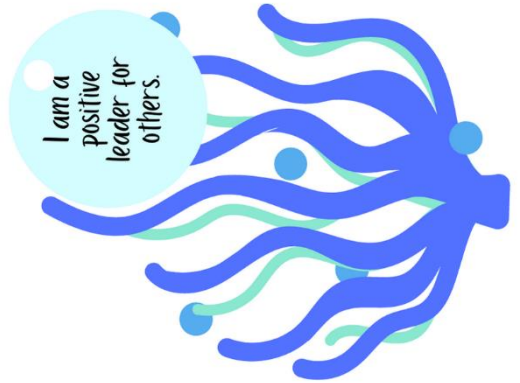
Challenges help me grow.



It's okay to feel overwhelmed.



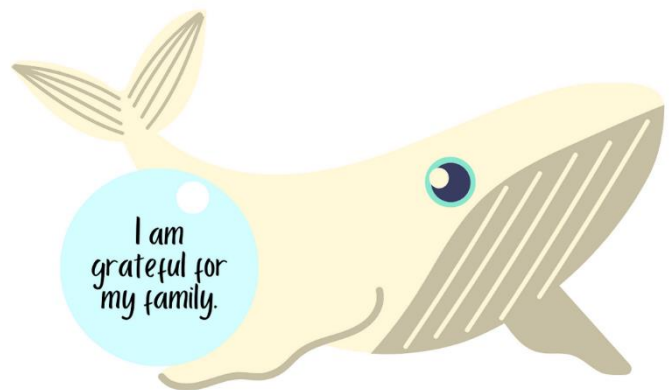
It's okay to ask for help.



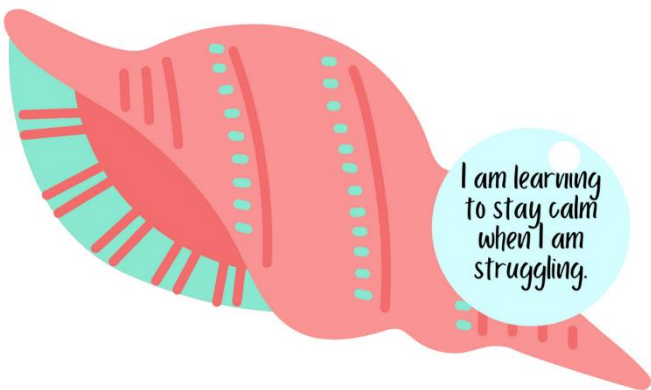
I am a positive leader for others.



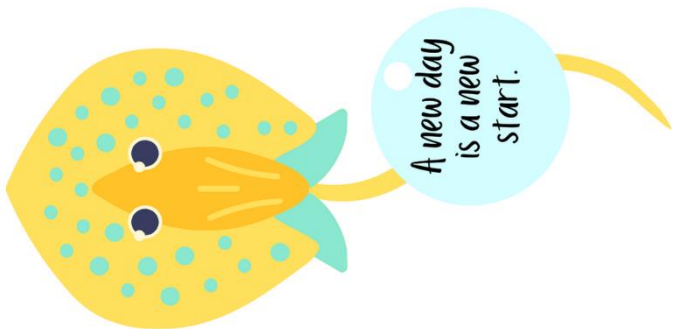
I do my best to help withing my family.



I am grateful for my family.



I am learning to stay calm when I am struggling.



A new day is a new start.

