

My Home & School Communication Book



Name:

Class;



KEY TOPICS



My Weekend



Important information from the weekend



MONDAY

Home

slept...

well

okay

badly

I'd like you to know

I had breakfast

School



Today I felt...

happy

calm

worried

sad

angry

mixed up



At school today I...



Important information from today



Lunch: I ate
all some none

Focus



distracted

good

Social interactions



TUESDAY

Home

I slept...

well

okay

badly

I'd like you to know

School



Today I felt...

happy

calm

worried

sad

angry

mixed up

At school today I...

Important information from today

Lunch: I ate
all some none

Focus

distracted good

Social interactions



WEDNESDAY

Home

I slept...

well

okay

badly

I'd like you to know

School



Today I felt...

happy

calm

worried

sad

angry

mixed up

At school today I...

Important information from today

Lunch: I ate
all some none

Focus

distracted good

Social interactions



THURSDAY

Home

I slept...

well

okay

badly

I'd like you to know

School



Today I felt...

happy

calm

worried

sad

angry

mixed up

At school today I...

Important information from today



Lunch: I ate
all some none

Focus

distracted good

Social interactions



FRIDAY

Home

I slept...

well

okay

badly

I'd like you to know

School



Today I felt...

happy

calm

worried

sad

angry

mixed up

At school today I...

Important information from today

Lunch: I ate
all some none

Focus

distracted good

Social interactions



Important dates

September

October

November

December

January

February

March

April

May

June

July

August



Timetable

Monday

Tuesday

Wednesday

Thursday

Friday