

# Autism - Asperger's Checklist

Name

DoB:

Class:

Asperger's syndrome is a neurological disorder and one of the autism spectrum disorders. There is no precise checklist of behaviours and some children display some or all of typical symptoms and a professional will make a specific diagnosis. There are many behaviours that may indicate and lead to a diagnosis of Asperger's Syndrome.

## 10 basic signs of Asperger's

1. Has a fixation on a single activity   
     Can play for hours on a single interest, toys, blue cars, books
2. Speaks like a 'Little Professor'   
     Can talk excitedly about one topic, prefer to talk to adults and use formal language
3. Has difficulty reading social cues   
     Cannot read body language, wait their turn, does not accept other's point of view
4. Needs routines and structure   
     Likes doing things at specific times, needs warnings about a change in routine
5. Can have tantrums and social meltdowns   
     Particularly when routines are broken or feeling overwhelmed
6. Lacks empathy with others and can say inappropriate things   
     Has no idea how someone else is feeling or their needs
7. Takes speech literally, cannot recognise sarcasm or jokes   
     Takes no speech clues, tones or pitch. Has no idea if someone is serious or joking
8. Can avoid eye contact with others or stares at others   
     Can have unusual facial expressions or postures
9. Has delayed motor development   
     Can have poor or delayed skills including pencil control, riding a bike, skipping
10. Has sensory sensitivities   
     Can be over stimulated by light, noise, texture, touch

## Other information you may think is important.

Referred by:

Date: